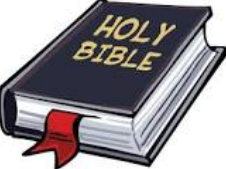
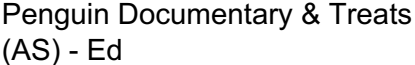
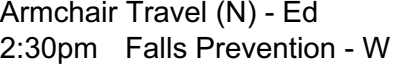


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend for which Recreationist is hosting the activity: (AS)- Angie (C) - Colleen (K) - Kailey (KD) - Kaylee (MA)- Mairead (MD)- Michaela (N) - Nick (R) - Reshmi	Program Location Legend Ed - Edinburgh Home Area W- Wellington Activity Area F- Fountain Activity Area RR- Resident Room SN- Snoezelen Room CC - Community Center BCY- Back Court Yard CP- Cheers Patio C- Chapel E- Eramosa Activity Area P- Paisley Activity Area	Recreationists Colleen Marsh - Ext.2234 cmarsh@elliottcommunity.org Kailey Beeney - Ext.2125 kbeeney@elliottcommunity.org Reshmi Abraham - Ext. 2233 rabraham@elliottcommunity.org Angie Scadding - ascadding@elliottcommunity.org		Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon Fresh Start Discussion (K) - Ed 2:30pm Zumba Exercises - W Movement Matters (K) - F 	Morning 9:30am General Store Afternoon Movement Matters (AS) - Ed The Great Bird Quiz (AS) - Ed 	Morning Did You Know: Drinking Straws (K) - F Snowball Toss (K) - Ed Afternoon 1:30pm Sit & Strengthen (K) - Ed All things New Trivia (K) - W
Morning Creative Corner (K) - Ed Walks & Strolls (K) - Ed Afternoon 1:30pm Guelph Storm Game Outing (sign up only) 1:45pm Chapel Service with Pastor Mike - Ed 	Morning 11am-12pm Bookmobile Afternoon 2:30pm Strength & Balance - Ed Kitchen Creations (K) - Ed Colour O'Clock (K) - Ed 	Morning Movement Matters (AS) - Ed 11:15am Lunch Outing- East Side Mario's (Sign Up) Afternoon 1:30pm Food Committee - E 1:30pm Music Therapy w/ Mairead - Ed 	Morning Bobblehead Builders (K) - Ed Did You Know (K) - F 12:00pm Greek Souvlaki Lunch Club (CF) (Sign Up) Afternoon 2:30pm Falls Prevention - W This or That (K) - Ed 	Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon Chiming with Sharon - Ed 2:30pm Zumba Exercises - W 3:00pm Devotions with Pastor Mike Movement Matters (K) - F 	Morning 9:30am General Store Fact Files: Law Enforcement Day (K) - Ed Afternoon Walks & Strolls (K) - Ed 2:45pm Musical Entertainment with Kim Atkins - Ed 	Morning RoundUp: Houseplant Appreciation Day (C) - Ed Afternoon 
Morning Afternoon 1:45pm Chapel Service with Pastor Mike - Ed Cheerful Chats w/Colleen - RR 	Morning Men's Group (C) - W Afternoon Ice Cream Social (K) - Ed 2:30pm Strength & Balance - Ed Kitchen Creations (K) - Ed Colour O'Clock (K) - Ed 	Morning Candy Cane Hot Chocolate Travelling Cart (K) - Ed Afternoon 1:30pm Resident Council - E 2:00pm Dublin United Chapel Service - C 	Morning 10:00am St Andrew Presbyterian Chapel Service - C Did You Know (K) - F Afternoon 2:00pm Happy Hour with Record Day Combo - CC 2:30pm Falls Prevention - W	Morning Flower Arranging (K) - Ed Afternoon Chiming with Sharon - Ed 2:30pm Zumba Exercises - W 3:00pm 1:1 Chaplain Visits - RR Movement Matters (K) - F 	Morning 9:30am General Store Afternoon Air Hockey (AS) - Ed 2:45pm Musical Entertainment with Emily Bowman - Ed 	Morning Short Stories (K) - F Judge and Jury (K) - Ed Afternoon 2:00pm Beat the Winter Blues BINGO with Students from U of G - CC 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Morning Creative Corner (K) - Ed Walks & Strolls (K) - Ed Afternoon 1:45pm Chapel Service with Pastor Mike - Ed 	19 Morning 11am-12pm Bookmobile Afternoon Travelogue (M) - Ed 2:30pm Strength & Balance - Ed 	20 National Penguin Day- Wear Black & White Morning Good News Network (AS) - F 10:00am St. George's Chapel Service - C Afternoon Creative Corner: Waddling Penguin Craft (AS) - Ed 1:30pm Music Therapy w/ Mairead - Ed Penguin Documentary & Treats (AS) - Ed 	21 Morning Walks & Strolls (N) - Ed 10:00am Roman Catholic Mass - C Afternoon Colour O'Clock (N) - Ed 1:30pm Shopping Outing to Walmart (Sign Up) Armchair Travel (N) - Ed 2:30pm Falls Prevention - W 	22 Morning Flower Arranging (C) - Ed Afternoon 2:00pm Birthday Party with Woody Woodburn - CC 2:30pm Zumba Exercises - W 3:00pm Devotions with Pastor Mike Movement Matters (K) - F 	23 Morning 9:30am General Store Afternoon PIG: Dice Game (AS) - Ed 	24 Morning Snowball Toss (C) - W/Ed Walks & Strolls (C) - Ed/F Afternoon  I love to go for walks outside.
25 Morning 1:45pm Chapel Service with Pastor Mike - Ed Afternoon January Joy Jar (C) - Ed 	26 Morning Short Stories (C) - Ed Afternoon 2:00pm Robbie Burns Party with Bob MacLean - CC 2:30pm Strength & Balance - Ed Kitchen Creations (K) - Ed 	27 Morning Mug Cake (K) - Ed Opposites Quiz (K) - Ed Afternoon 2:00pm Memorial Service - C 	28 Morning Polka Dot Craft (K) - Ed 10:00am St. George's Anglican Chapel Service - C Did You Know (K) - F Afternoon 2:00pm Accordion with Gary - C 2:30pm Falls Prevention - W 	29 Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon Chiming with Sharon - Ed 2:30pm Zumba Exercises - W 3:00pm 1:1 Chaplain Visits - RR Movement Matters (K) - F 	30 Morning 9:00am Hear Right Canada Hearing Clinic (See Nurse if interested) Afternoon 9:30am General Store Word Games (AS) - Ed 2:45pm Musical Entertainment with Brent Meidinger - Ed 	31 Morning Slow Cooker Hot Chocolate (K) - Ed Whiteboard Games (K) - Ed Afternoon Homemade Hot Cocoa Travelling Cart (K) - W/F/Ed 